

## **Locations**

### **Willow Grove Physical Therapy**

## **Physical Therapy in Willow Grove, PA**

Willow Grove Physical Therapy was established in 2003 by Dr. Margaret Fitzpatrick PT, OCS, Cert MDT. Her mission is to provide patient-centered, compassionate care. Dedication to this mission has resulted in tremendous company growth. We have helped thousands of patients achieve their recovery. We started in Regency Tower Apartment complex, but expanded to a new location in 2022.

## **About Us**

Willow Grove Physical Therapy specializes in Vestibular Therapy for the treatment of dizziness and balance disorders. We are a member of Temple University on the treatment of the most common form of vertigo: Benign Paroxysmal Positional Vertigo (BPPV). We have extensive knowledge in the treatment of orthopedic pain. We offer a safe, effective alternative to pain medication, surgery and injections. Our services are vital. We educate and empower our patients to be active in their recovery versus being a passive recipient. Our staff has master level degrees, additionally we have an Athletic Trainer, Orthopedic Clinical Specialist, 3 Certified McKenzie Therapists and Parkinson's disease on staff.

## **Physical Therapy Services in Willow Grove**

- Vestibular Therapy for the treatment of dizziness and balance disorders,
- Orthopedic pain management,
- Post Surgical Care,
- Parkinson's Disease,
- Post Concussion,
- MVA,
- Work Comp Injuries

## **What to expect on first visit**

On your first visit we ask you arrive 10-15 minutes early to fill out paperwork. Your therapist will then complete a thorough physical exam and issue. You will also be provided with a home exercise program to be performed at home between sessions.

## **Insurance coverage**

We accept most major medical insurance and have self pay options as well.

## **Our Staff**



## **Margaret Fitzpatrick,PT, DPT, OCS, Cert. MDT, Vestibular Cert, Presidentmargaret@willowgrovephysicaltherapy.com**

Margaret is a 1990 Temple University graduate (summa cum laude). She received her doctorate in physical therapy in 1994 from Temple University. She began her career in a dynamic rehabilitation hospital and subsequently had the opportunity to work around the world as a physical therapist.

Margaret developed her clinical expertise in orthopedics while managing several outpatient rehabilitation clinics. The American Board of Orthopedic Physical Therapy awarded her with a Board Certification in Orthopedics in 1998 for her extensive experience in orthopedics and successful management of a large outpatient rehabilitation clinic.

In 1999 Margaret became certified in vestibular rehabilitation for the treatment of dizziness and imbalance and has successfully treated many patients with these conditions. She founded a vestibular support group in the Bucks-Montgomery County area and frequently gives presentations at national and international conferences.

After completing a four-part series of post-graduate courses and passing a written and practical Credentialing Examination, Margaret became a Certified McKenzie Method of Mechanical Diagnosis and Therapy (MDT) in 2018.

As a competitive runner and tri-athlete, Margaret also enjoys working in sports rehabilitation and fitness program development. She has applied this experience and passion for her work to Willow Grove Physical Therapy.



Margaret Fitzpatrick,PT, DPT, OCS, Cert. MDT, Vestibular Cert, [Presidentmargaret@willowgrovept.com](mailto:Presidentmargaret@willowgrovept.com)

## **Julie Sergio,MSPT, Cert. MDT, Vestibular Cert.julie@willowgrovept.com**

Julie studied Health Science at James Madison University in Virginia and went on to earn a Bachelors Degree in Psychology (James Madison University, Arcadia University). She then proceeded to earn a Master of Science Degree in Physical Therapy from Beaver College (Beaver College, Pennsylvania). Julie is a Direct Access Physical Therapist. Julie is certified in Vestibular Therapy. After completing a four-part series of post-graduate practical Credentialing Examination, Julie became certified in the McKenzie Method of Mechanical Diagnosis and Treatment. Julie enjoys running and has completed 6 half marathons and 1 full marathon! Julie resides in Horsham with her husband, Steve, 2



Julie Sergio,MSPT, Cert. MDT, Vestibular Cert.julie@willowgrovept.com

**Courtney Dedda,PT, DPT, OCS, Vestibular Cert.courtney@willowgrovept.com**

Courtney graduated from Penn State University Main Campus in 2011 with a BS in Kinesiology, Movement Sciences and physical therapy from Arcadia University in 2014. During her time at Arcadia she was mentored in the clinical setting for 18 months. She also served underprivileged orthopedic populations in Guatemala. She began her career in a diverse setting serving diverse populations with a special focus on vestibular and orthopedic pathologies. In April 2016 she became a certified vestibular therapist and OCS (Orthopedic Certified Specialist). In her spare time she enjoys running and she completed her first full marathon in 2017.



Courtney Dedda,PT, DPT, OCS, Vestibular Cert.courtney@willowgrovept.com

**Kristen Haug,PT, DPTkristen@willowgrovept.com**

Kristen earned her Doctor of Physical Therapy degree from the University of Pittsburgh. Prior to that, she received her science/fitness studies from Penn State in 2014. For the start of her physical therapy career, Kristen worked as a travel physical therapist, which provided her with an opportunity to work in a variety of settings ranging from outpatient orthopedics to skilled nursing facilities. Kristen has worked in outpatient neurological and inpatient rehab settings with a focus on working with patients with concussion, Parkinson's, and stroke. Having been born and raised in Bucks County, Kristen is happy to be back and serving the community that she grew up in. She is a avid runner. She has explored over 500 miles of trails in the Greater Yellowstone Ecosystem and completed five marathons.



## **Sharon Cristofalo,PT**

Sharon Cristofalo, MA, PT has distinguished herself in the field of physical therapy. She is a graduate of New York University with a Master's degree in Physical Therapy. Over the past 40 years. Sharon has provided exceptional patient care outpatient centers, hospitals, skilled nursing facilities, and home care. She is currently an Assistant Professor at NYU PT department, in the study of Pathokinesiology, she has extensive knowledge of anatomy, kinesiology and musculoskeletal rehabilitation. She has also taught at Long Island University as an Assistant Professor. Her expertise encompasses the spine, SI dysfunction, TMJ, joints dysfunction, manual therapy, myofascial release and Reiki, to name a few.

Her philosophy is that each patient is unique and requires compassion and understanding to achieve their goals with evidence based practice.

Sharon enjoys nature, gardening, hiking and yoga.



Sharon Cristofalo,PT

## **Benjamin Auerbach,PT, DPT**

Ben earned his Doctor of Physical Therapy degree from Temple University in 2023, having previously earned his Bachelor's degree from Temple in 2020. While at Temple, he played club ice hockey and spent time working as a coach for Ed Snider Youth League, providing sessions and helping with summer camps. While in PT school, he was fortunate to serve as a board member of the North Philadelphia Physical Therapy Association, providing pro bono PT services to the uninsured and underinsured community in North Philadelphia, while also practicing as a Physical Therapist at WGPT on one of his clinical rotations, which sparked his interest in treating patients with various orthopedic, vestibular, and neurological conditions. He strives to help each patient he works with maximize their function and live their life to the fullest. He enjoys hiking, running, and spending time with his family.

## **Contact Details**

### **Willow Grove Physical Therapy**

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**Email:** [Margaret@willowgrovept.com](mailto:Margaret@willowgrovept.com)

**Address:**

### **NEW LOCATION MARCH 2022**

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Suite 205

Willow Grove, PA 19090